

Are you involved in sport with people with Intellectual Disabilities ?

Do you want to find more resources to help you?

What is RAID?

RAID is a database of resources about sport for athletes with intellectual disabilities



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Where do I get it?

www.idealproject.org

What does it include?

- ✓ A searchable database of over 100 resources
- ✓ Hyperlinks to find the resources
- ✓ Lots of different resources from manuals to courses
- ✓ Instructions on how to use it
- ✓ A search capacity to filter by up to 22 variables, including sport and type of resource

Who might use it?

- ⇒ Coaches
- ⇒ Physical education teachers
- ⇒ Families
- ⇒ Event organisers
- ⇒ Researchers
- ⇒ Volunteers



Resources for
Athletes with
Intellectual
Disabilities

